



medmark
OCCUPATIONAL HEALTHCARE



TRAVEL HEALTH

Travel Health

“ BE PREPARED ”

Many people travel abroad for holidays or business purposes. There are some places in the world where you might bring home more than you bargained for! Tropical diseases may be serious and many are preventable. Whether you are a backpacker, a volunteer, on business or pleasure travel, you will need to plan your travel healthcare.

Medmark provides a comprehensive package of travel health care and has Department of Health recognition as a designated yellow fever vaccination centre.

We provide

- Pre-travel health assessments
- Pre-travel advice for specific locations
- Travel medication (standby prescriptions)
- Vaccinations
- Anti-malarial prescriptions

Get the prescriptions, buy the medicine or have a pre travel medical, these are all part of your travel preparation.

Pre-travel Health Assessment

This assessment is not just an assessment of your current health and suitability for travel; it is also an assessment of the health risks depending on your destination and purpose. We are experienced and knowledgeable on the more risky and dangerous locations for a traveller.



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APPOINTMENTS



Pre-travel advice for specific locations

We provide advice and information that will help prevent illnesses while travelling abroad. We will make suggestions on:-

- Safe eating and drinking
- Preventing insect bites
- Malaria infection
- Preventing excessive sun exposure depending on location
- Avoiding sexually acquired diseases and more

Travel Medication (standby prescriptions)

It is better to be safe than sorry! We may suggest that you consider bringing some basic medication, including first aid items, so you are prepared for eventualities. We can provide you with a prescription for medications to be taken in case of an emergency.

Travel Vaccinations

Where necessary we can vaccinate you against the following conditions:-

- Yellow fever
- Tetanus
- Polio
- Diphtheria
- Hepatitis A & B
- Typhoid

- Meningitis
- Rabies
- Varicella (Chickenpox)
- Influenza
- Pneumococcal Disease
- Whooping cough

Malaria Medication

Malaria is a parasitic infection transmitted to humans through a mosquito bite. We suggest insect repellent and mosquito nets when in certain locations for use as a preventative measure. Medmark will provide you with a prescription for anti-malarial medication that is appropriate for your trip.



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*be prepared,
stay healthy*

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